IFSP Worksheet (sample)

	Family Name:	•	Home visitor:
Please check the services you would like to focus on during the next six months:			
	Information about babies, what they can do/need, how to teach them		Personal problems
П	Preparing my children for school		□ Family planning, birth control□ Assistance with drug or alcohol problems□ Feeling better about myself
Ц	Keeping up with my child's immunization and medical care		
	Toy lending library		Referrals to community and medical services, such as:
	How to calm a crying baby		·
	Basic infant care		☐ Financial Assistance ☐ Medical Assistance ☐ Housing Assistance ☐ Food Stamps ☐ WIC ☐ Education (GED, college) ☐ Employment ☐ Counseling ☐ Recreation ☐ Respite child care ☐ Preschool ☐ Head Start/Early Head Start ☐ Health care (MD, PHN) ☐ Immunizations ☐ Reading/literacy
	Seeing/meeting my baby's needs		
	Activities to encourage my baby's (child's) development		
	Children's books		
	How to teach my children to respect others and learn "right from wrong"		
	How to set limits with my children, how to say "no" and stick with it		
	Support, someone to talk to		Couple /relationship problems
	Disciplining my children		Help in solving family problems
	Assistance in coordinating, getting to and from health care		Transportation
_			Learn to manage time, stress or anger
Ц	Getting out of the house with children		Managing my household
	Building my confidence as a parent		☐ Parent support and activity groups and outings
	Domestic violence/family violence	_	
	Depression		Community support (church, friends, etc.)